



Proliance Puget Sound Surgery Center
7308 Bridgeport Way West, Suite 102, Lakewood, WA
(253) 584-5252

Medication Instructions- Please see specific Medication details

- All non-steroidal anti-inflammatory (NSAIDS) medication must be discontinued **10 days** prior to surgery. Examples include Ibuprofen (Advil, Motrin), Naproxen (Aleve, Naprosyn), Daypro and Feldene (Piroxicam, Voltaren and Diclofenac).
- All over-the-counter (OTC) herbal supplements, vitamins, and minerals must be discontinued **7 days** prior to surgery. Examples include Saint John's Wort, garlic supplements, Vitamin E, ginseng, ginko
- **All blood thinning medications must be discontinued 5 days prior to surgery. Before discontinuing any blood thinning medications, please contact your prescribing Doctor to establish whether it is safe or not to stop taking**
- Examples include Coumadin, Warfarin, Aggrenox, Pletal and Aspirin (to include baby Aspirin, Alka-Seltzer and Excedrin). Plavix (Clopidogrel) must be discontinued **14 days** prior to surgery
- If you are a diabetic, check your blood sugar on the **morning of surgery**. If you are taking Metformin, Glyburide or Januvia, you will need to stop taking these medications 12 hours prior to surgery. Do not take Lantus or Levemir on the day of surgery. Take only half of your usual morning dose of any other insulin on the morning of surgery. Call the surgery center if you have any questions.
- Withhold any type of "water pills" on the day of your surgery. Examples are Hydrochlorothiazide (HCTZ) and Furosemide (Lasix).
- If you have asthma, emphysema or COPD, bring your inhalers with you on the day of surgery.

Please see the attached medication chart for further details regarding specific medications and instructions from our anesthesia team.

We look forward to assisting you through this process and the road to recovery!

DOS= DAY OF SURGERY

DIABETES			
DRUG CLASS	DRUGS IN CLASS	DAY BEFORE SURGERY	DAY OF SURGERY
INSULIN: Rapid/Short-Acting	Regular Insulin (Humulin, Novolin, Afrezza-inhaled) Aspart (Novolog) Glulisine (Apidra) Lispro (Humalog)	CONTINUE	HOLD DOS
INSULIN: Intermediate-Acting Mixes	Aspart protamine/Aspart (NovoLog 70/30) Lispro protamine/Lispro (HumaLog 75/25, 50/50) NPH/Regular (Humulin/Novolin 70/30)	80% OF USUAL DOSE AM & PM	50% OF USUAL DOSE IF BG >120 HOLD IF BG <120
INSULIN: Long-Acting	Degludec (Tresiba) Detemir (Levemir) Glargine (Abasaglar, Basaglar, Lantus, Toujeo)	80% OF USUAL DOSE IF TAKEN IN PM	80% OF USUAL DOSE IF TAKEN IN AM
INSULIN: Pumps		DECREASE BASAL RATE AT BEDTIME BY 20%	CONTINUE AT 20% REDUCED BASAL RATE
ORAL HYPOGLYCEMIC Alpha-Glucosidase Inhibitors	Acarbose (Precose) Miglitol (Glyset)	CONTINUE	HOLD DOS
ORAL HYPOGLYCEMIC Biguanides	Metformin (Glucophage) Saxagliptin/Metformin ER (Kombiglyze XR) Sitagliptin/Metformin ER (Janumet)	CONTINUE	HOLD DOS
ORAL HYPOGLYCEMIC DPP-4 Inhibitors	Alogliptin (Nesina) Linagliptin (Tradjenta) Saxagliptin (Onglyza) Sitagliptin (Januvia)	CONTINUE	CONTINUE
ORAL HYPOGLYCEMIC Meglitinides & Sulfonylureas	Repaglinide (Prandin) Nateglinide (Starlix) Acetohexamide (Dymelor) Chlorpropamide (Diabinese) Glimepiride (Amaryl) Glipizide (Glucotrol) Glipizide/Metformin (Metaglip) Glyburide (Micronase, Diabeta) Glyburide/Metformin (Glucovance) Tolazamide (Tolinase) Tolbutamide (Orinase)	HOLD PM PRIOR TO DOS: Long acting sulfonylureas (Chlorpropamide, Glimepiride, Glyburide, Glipizide XR):	HOLD DOS
ORAL HYPOGLYCEMIC Thiazolidinediones	Rosiglitazone (Avandia) Pioglitazone (Actos) Alogliptin/Pioglitazone (Oseni)	CONTINUE	HOLD DOS
ORAL HYPOGLYCEMIC SGLT-2 Inhibitors	Canagliflozin (Invokana) Dapagliflozin (Farxgia) Empagliflozin (Jardiance) Ertugliflozin (Steglatro) Empagliflozin & Metformin (Synjardy, Synjardy XR)	HOLD DAY PRIOR TO DOS.	HOLD DOS Possible hypoglycemia, lactic acidosis
Glucagon-Like Peptide (GLP)-1 Receptor Agonists: Injection & Oral	Albiglutide (Tandem) Dulaglutide (Trulicity) Exenatide (Byetta, Bydureon) Liraglutide (Victoza, Saxenda, Tradjenta-oral) Lixisenatide (Adlyxin) Pramlintide (Symlin) Semaglutide (Ozempic, Wegovy, Rybelsus-oral) Tirzepatide (Mounjaro, Zepbound)	DAILY DOSAGE: HOLD DOS WEEKLY DOSAGE: HOLD 1 WEEK PRIOR TO DOS Risk of gastric emptying delay	

CARDIOVASCULAR				
DRUG CLASS	DRUGS IN CLASS		RECOMMENDATION	REASON
Alpha 1 Blocker	Prazosin (Minipress)	Tamsulosin (Flomax)	CONTINUE DOS	
Alpha 2 Agonist	Clonidine (Catapres)		CONTINUE DOS	
Angiotensin Converting Enzyme (ACE) Inhibitors & Combinations	Benazepril/Amlodipine (Lotrel) Benazepril (Lotensin) Benazepril/HCTZ (Lotensin HCT) Captopril (Capoten) Captopril/HCTZ (Capozide) Enalapril (Vasotec) Enalapril/HCTZ (Vaseretic) Fosinopril (Monopril) Fosinopril/HCTZ (Monopril HCT) Lisinopril (Prinivil, Zestril)	Lisinopril/HCTZ (Prinzide or Zestoretic) Moexipril (Univasc) Moexipril/HCTZ (Uniretic) Perindopril (Aceon) Quinapril (Accupril) Quinapril/HCTZ (Accuretic) Ramipril (Altace) Trandolapril (Mavik) Trandolapril/Verapamil (Tarka)	HOLD DOS EXCEPTION-DO NOT HOLD FOR CATARACT SURGERY	Risk of intra-op hypotension
Angiotensin Receptor Blockers (ARB) & Combinations	Azilsartan (Edarbi) Azilsartan Medoxomil/Chlorthalidone (Edarbyclor) Candesartan (Atacand) Candesartan/HCTZ (Atacand HCT) Eprosartan (Teveten) Eprosartan/HCTZ (Teveten HCT) Irbesartan (Avapro) Irbesartan/HCTZ (Avalide)	Losartan (Cozaar) Losartan/HCTZ (Hyzaar) Olmesartan (Benicar) Olmesartan/HCTZ (Benicar HCT) Telmisartan (Micardis) Telmisartan/HCTZ (Micardis HCT) Valsartan (Diovan) Valsartan/HCTZ (Diovan HCT) Sacubitril/Valsartan (Entresto)	HOLD DOS	Risk of intra-op hypotension
Anti-anginal	Isosorbide (ISMO, Imdur, Isordil, Dilatrate SR, Monoket)	Nitroglycerine (Nitrostat, NitroQuick, Nitrolingual, Nitro-Dur, Minitran, Nitro-Bid)	CONTINUE DOS	
Antiarrhythmics	Amiodarone (Pacerone) Digoxin (Lanoxin) Disopyramide (Norpace) Dofetilide (Tikosyn) Dronedaronone (Multaq) Flecainide Ibutilide (Corvert) Ivabradine (Corlanor)	Lidocaine Mexiletine Propafenone (Rythmol SR) Quinidine Ranolazine (Ranexa) Sotalol (Betapace) Various others	CONTINUE DOS EXCEPTION: unless directed otherwise by cardiologist or surgeon.	
Beta Blockers	Acebutolol (Sectral) Atenolol (Tenormin) Betaxolol (Kerlone) Bisoprolol (Zebeta) Carvedilol (Coreg) Esmolol (Brevibloc) Labetolol (Trandate, Normodyne) Metoprolol (Lopressor, Toprol XL)	Nadolol (Corgard) Nebivolol (Bystolic) Penbutolol (Levatol) Pindolol (Visken) Propranolol (Inderal) Sotalol (Betapace) Timolol Ophthalmic (Timoptic)	CONTINUE DOS	Risk of withdrawal and rebound if held
Beta Blocker & Diuretic Combinations	Atenolol/Chlorthalidone (Tenoretic) Bisoprolol/HCTZ (Ziac) Nadolol/bendroflumethiazide (Corzide)	Propranolol/HCTZ (Inderide) Metoprolol/HCTZ (Lopressor HCT)	CONTINUE DOS	Risk of withdrawal & rebound if held
Calcium Channel Blockers	Amlodipine (Norvasc) Clevipidine (Cleviprex) Diltiazem (Cardizem) Felodipine (Plendil) Isradipine (Dynacirc)	Nicardipine (Cardene) Nifedipine (Procardia, Adalat) Nimodipine (Nimotop) Verapamil (Calan, Covera-HS, Verelan)	CONTINUE DOS	
Hydralazine	Hydralazine (Apresoline)		CONTINUE DOS	

Please call our office immediately at 253-584-5252 if you have any questions, or need any help understanding these instructions.